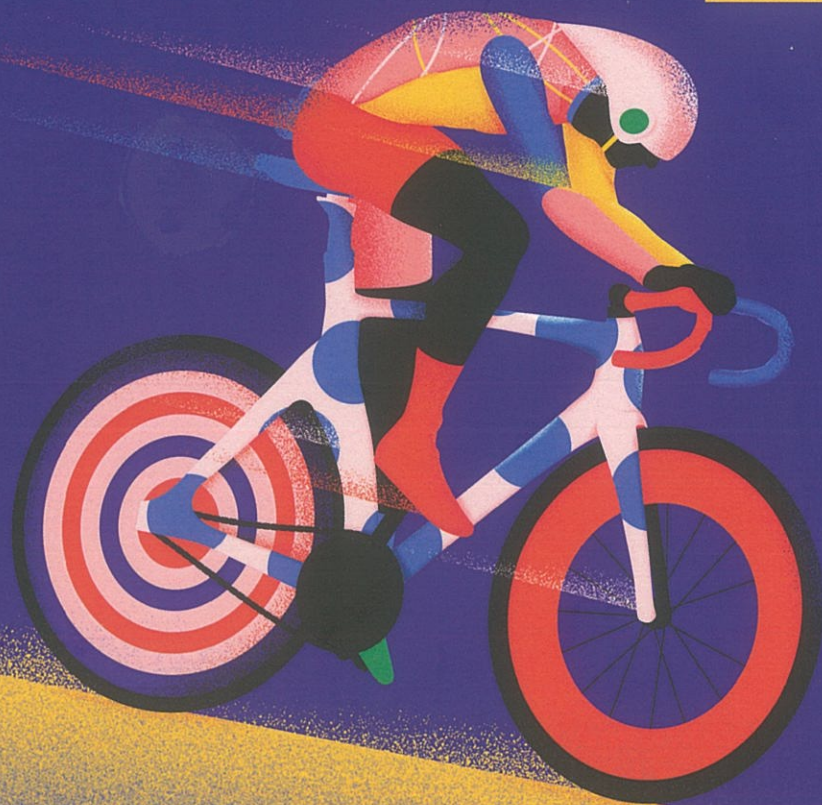




PHILIPPINES 2019  
30<sup>TH</sup> SEA GAMES



# TECHNICAL HANDBOOK

## CYCLING



## MESSAGE FROM THE CHIEF OPERATING OFFICER

It is with great honor and pride that I welcome you to the 30th South East Asian Games to be held from November 30 to December 11, in 4 venue clusters (Clark, Subic, Metro Manila, Southern Luzon) in the Philippines.

The entire Filipino Nation, with the support of His Excellency President Rodrigo Roa Duterte and the leadership of PHISGOC Presiding Chairperson Alan Peter Cayetano, boldly welcomes the challenge of staging the biggest, best-hosted and most viewed edition of the SEA Games.



Here at PHISGOC, it is our fervent commitment to deliver the 30th SEA Games, as we mount 530 events in 56 sports, across 44 competition venues within 12 days, to comprise ONE unforgettable sports spectacle.

To ensure the optimal level in the conduct of competition, the Sport Technical Handbooks have been created to contain regulations, guidelines, and other details related to the Sports Competition Programme for the 30th SEA Games. These documents aim to serve as important references for the technical aspects of each of the 56 sports.

The Sports Department, under the directorship of Abraham Tolentino, and the supervision of Executive Director Tom Carrasco, has worked hard to produce the Sport Technical Handbooks with utmost care for clarity and precision. With the guidance given by the Technical Delegates, each one of these documents reflects the harmonious cooperation between the respective Asian Federation / International Federation and PHISGOC.

On behalf of the entire PHISGOC leadership, I wish each one the best of health and spirits, so together, we can truly achieve the most memorable SEA Games in history,


**We win as one!**



**RAMON SUZARA**

President and Chief Operating Officer





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# 1. General Competition Schedule

NO.		NOVEMBER										DECEMBER									
		22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	8	9	10	11
	OPENING CEREMONY																				
1	AQUATICS																				
	DIVING																				
	OPEN WATER																				
	SWIMMING																				
	WATER POLO																				
2	ARCHERY																				
3	ARNIS																				
4	ATHLETICS																				
5	BADMINTON																				
6	BASEBALL																				
	SOFTBALL																				
7	BASKETBALL [3 on 3]																				
	BASKETBALL [5 on 5]																				
8	BILLIARDS SPORTS																				
9	BOWLING																				
10	BOXING																				
11	TRADITIONAL BOAT RACE																				
	CANOE / KAYAK																				
12	CHESS																				
13	CYCLING BMX																				
14	DANCE SPORT																				
15	E-SPORTS																				
16	FENCING																				
17	FLOORBALL																				
18	FOOTBALL (MEN'S)																				
19	FOOTBALL (WOMEN'S)																				
	GOLF																				
20	GYMNASTICS																				
21	HANDBALL (BEACH)																				
22	HOCKEY (INDOOR)																				
23	ICE HOCKEY																				
24	ICE SKATING (FIGURE SKATING)																				
	ICE SKATING (SHORT TRACK)																				
25	JIUJITSU																				
26	JUDO																				
27	KARATEDO																				
28	KICKBOXING																				
29	KURASH																				
30	LAWN BOWLS																				
	PETANQUE																				
31	MODERN PENTATHLON																				
32	MUAY																				
33	NETBALL																				
34	OBSTACLE COURSE RACE																				
35	PENCAK SILAT																				
36	POLO																				
37	ROWING																				
38	RUGBY																				
39	SAILING																				
	WINDSURFING																				
40	SAMBO																				
41	SEPAK TAKRAW																				
42	SHOOTING (SHOTGUN)																				
	SHOOTING (RIFLE)																				
	SHOOTING (PISTOL)																				
	SHOOTING (BENCHREST)																				
43	SKATEBOARDING																				
44	SOFT TENNIS																				
45	SQUASH																				
46	SURFING																				
47	TABLE TENNIS																				
48	TAEKWONDO																				
49	TENNIS																				
50	TRIATHLON																				
	DUATHLON																				
51	UNDERWATER HOCKEY																				
52	VOLLEYBALL (BEACH)																				
	VOLLEYBALL (INDOOR)																				
53	WAKEBOARDING & WATERSKI																				
54	WEIGHTLIFTING																				
55	WRESTLING																				
56	WUSHU																				
	CLOSING CEREMONY																				

## 2. Submission of Entries

### Entry by Number

- Deadline for submission of Entry by Number Forms is 15 March 2019 at 23:59 hours Philippine Time (GMT+8)

### Entry by Name


- Deadline for submission of Entry by Name Forms is 02 September 2019 at 23:59 hours Philippine Time (GMT +8)

## 3. Eligibility

- 3.1 To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation (SEAGF) Charter and Rules as well as Rule 40 and the By-law to Rule 40 of the Olympic Charter (Participation in the Games).
- 3.2 Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the SEAGF Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of Competitors).

## 4. Doping Control

- 4.1 PHISGOC, under the guidance of the SEAGF, will be responsible for the Anti-Doping Programme during the 30th SEA Games, 2019. The Anti-Doping Programme will be implemented in accordance with SEAGF Anti-Doping Rules and the World Anti-Doping Code and its relevant International Standards.

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- 4.2 Doping Control stations will be set up at the competition venue, where in competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the Doping Control protocol established by the SEAGF and PHISGOC.
- 4.3 Doping Control procedures will be implemented according to WADA's International Standards for Testing and Investigations. Sample analysis will be performed at a WADA-accredited laboratory.
- 4.4 An athlete identified for doping testing should be accompanied by a team official for the entire testing process.

## **5. Approval of the Technical Handbook**

This Technical Handbook was approved by the Asian Cycling Confederation.

Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.

## **6. Competition Information**

- 6.1 Competition Dates : 01 December - 10 December 2019
- 6.2 Competition Dates : Tagaytay City and Batangas City



## 7. Events

The Cycling competition will consist of Thirteen (13) events including Nine (9) men's, and Four (04) women's events.

No.	Event	Men	Women
1	BMX Track	✓	
2	BMX Race Time Trial	✓	
3	BMX Freestyle Flatland	✓	
4	Mountain Bike Cross Country	✓	✓
5	Mountain Bike Downhill	✓	✓
6	Road Event Mass Start Individual	✓	
7	Road Event Mass Start Team	✓	
8	Road Event Individual Time Trial	✓	✓
9	Road Event Team Time Trial	✓	
10	Road Event Mass Start Individual		✓
Total Events per Gender		9	4
Total Events:		13	

## 8. Quotas

- 8.1 Each NOC may enter a maximum of twenty-one (21) male and nine (9) female athletes for the Cycling competition.
- 8.2 Each NOC may enter a maximum of two (2) individual athletes per event and one (1) team per event. A team should consist of five (5) athletes for men and three (3) for women.

## 9. Meetings and Key Activities

### 9.1 Team Managers' Meeting

#### 9.1.1 MTB

Date : 29 November 2019  
 Time : 14:00 hours  
 Venue : Taal Vista Hotel, Tagaytay City

### 9.1.2 ROAD

Date : 02 December 2019  
Time : 14:00 hours  
Venue : Taal Vista Hotel, Tagaytay City

### 9.1.3 BMX

Date : 07 December 2019  
Time : 14:00 hours  
Venue : Taal Vista Hotel, Tagaytay City

## 9.2 Technical Officials' Meeting

Date : 29 November 2019  
Time : 09:30 hours  
Venue : Taal Vista Hotel, Tagaytay City


## 9.3 For ASEAN Cycling Association (ACA) Meeting

Date : 02 December 2019  
Time : 11:00 hours  
Venue : Taal Vista Hotel, Tagaytay City

## 10. Competition Schedule: TBC (To Be Confirmed)

Date	Time	Gender	Event	Phase
01 Dec (Sunday)	10:00	Women	XCO	Final
	13:30	Men	XCO	Final
03 Dec (Tuesday)	13:00	Women	DHI	Final
	13:30	Men	DHI	Final
04 Dec (Wednesday)	09:00	Women	ITT	Final
	13:00	Men	ITT	Final
05 Dec (Thursday)	09:00	Men	TTT	Final
06 Dec (Tuesday)	09:00	Women	Road Race	Final





Date	Time	Gender	Event	Phase
08 Dec (Thursday)	09:00	Men	Road Race	Final
09 Dec (Friday)	09:00	Men	BMX Flatland	Final
10 Dec (Saturday)	11:00	Men	BMX Race	Final

## 11. Competition Procedures, Rules, and Regulations

### 11.1 Competition Rules

The Cycling competition of the 30th SEA Games 2019 will be held in accordance with the current Union Cycliste Internationale (UCI) Competition Rules and Regulations under the guidance of the Technical Delegate (TD) appointed by Asian Cycling Confederation.

In case of any disagreement in the language interpretation of the UCI Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:

- 11.1.1 General Issues: To be resolved in accordance with the SEAGF Charter and Rules.
- 11.1.2 Technical Issues: To be resolved in accordance with the UCI Rules and Regulations and UCI Norms.

### 11.2 Competition Format

The competition format and groupings for all Cycling events will be in accordance with UCI Rules and Regulations.



### 11.3 Delays, Postponements, or Cancellations

The Technical Delegate must consult the PHISGOC Secretariat if there is any delay, postponement, or cancellation of any competition that affects the scheduled times for “live broadcast” or victory ceremonies.

## 12. Sports Equipment and Competition Attire

### 12.1 Sports Equipment

All sports equipment used by athletes in competition must comply with the SEAGF Charter and Rules and the UCI Rules and Regulations.

### 12.2 Clothing


All attire worn by athletes in competition must comply with the SEAGF Charter and Rules and the UCI Rules and Regulations.

## 13. Technical Officials and Jury of Appeal

The appointments of Technical Officials and Jury of Appeal members will be in accordance with Article 41 of the SEAGF Charter and Rules.

### 13.1 International Technical Officials (ITOs)

Asian Cycling Confederation (ACC), as duly authorized by UCI, shall appoint one (1) Technical Delegate and one International Technical Officials (ITO) as may be approved by PHISGOC. PHISGOC will pay for the costs of international transportation based on an economy direct-route fare, local transport and accommodation for this International Technical Officials (ITO).



Each participating NOC may nominate up to two (2) UCI qualified ITOs to officiate in the competition in accordance with the SEAGF Charter and Rules subject to the following conditions:

- (i) The nominated ITO must be on the UCI List of Qualified ITOs for 2019. Participating NOCs shall bear the international transportation costs for their nominated Technical Officials while PHISGOC will bear costs related to local transport and accommodation.

### 13.2 National Technical Officials (NTOs)

The Integrated Cycling Federation of the Philippines (PhilCycling) will appoint such number of National Technical Officials (NTOs) as may be approved by PHISGOC to assist the International Technical Officials (ITOs).


### 13.3 Jury of Appeal

The Jury of Appeal shall consist of the Technical Delegate as the Chairman, as well as two (2) members who will be appointed from the participating teams during the Team Managers' Meeting.

## 14. Protests and Appeals

- 14.1 Appeals against the decision of a Commissaire shall be made by the cyclist or their Team Captain only to the President of the Commissaires Panel. If a Commissaire maintains his or her decision, the complaint shall be referred to the Panel of Commissaires. The decision of the Panel of Commissaires will be final.



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- 14.2 Any written protest must be first be made and submitted by the Chef de Mission or Team Manager to the Technical Delegate before the start of the next event with the payment of a Protest Fee of USD200.00 per protest payable to PHISGOC. If conditions causing a potential protest are noted prior to the start of the event, a written protest must be lodged before the signal to start the event is given.
- 14.3 All protests must be considered by the Technical Delegate concerned who must make a decision as soon as possible. He/She must state the reason(s) for his/her upholding/rejecting the protest.
- 14.4 Any Chef de Mission or Team Manager dissatisfied with the decision of the Technical Delegate, may appeal to the Jury of Appeal by submitting the written appeal to the TD within sixty (60) minutes of receipt of the TD's written decision. The appeal must be heard and decided by the Jury of Appeal for the sport within two (2) hours after receipt of the written protest.
- 14.5 Any NOC dissatisfied with any decision by the Jury of Appeal may make any appeal in accordance with Articles 42 and 43 of the SEAGF Charter and Rules.
- 14.6 The protest fee shall be refunded if the protest is upheld; it will be forfeited if the protest is rejected.

## 15. Directory

### 15.1 Union Cycliste Internationale (UCI))

President:	Mr. David Lappartient
Sports Director:	Mr. Piers Jones
Address:	Ch. de la Mêlée 12, 1860 Aigle, Switzerland
Telephone:	+41 24 468 58 1
Fax:	+41 24 468 58 12
Email:	admin@uci.ch
Website:	www.uci.org

## 15.2 Asian Cycling Confederation (ACC)

President:	Mr. Osama Ahmed Al Shafar
Sec. General:	Mr. Onkar Singh
Address:	2 Platinum Tower, JLT, Dubai, 2186 4TH Floor, H, No. B-23, Sector 12-B, Dwarka, New Delhi, 110078
Telephone:	+911128080983
Email:	accycling@hotmail.com
Website:	www.accasia.org

## 15.3 Asian Cycling Confederation (ACC)

President:	Rep. Abraham N. Tolentino
Sec. General:	Atty. Avelino M. Sumagui
Address:	Sumagui Law Office, Mendez Crossing, Tagaytay City 4120, Philippines
Telephone:	+63464131295
Email:	philcycling@gmail.com ant_ncfpsecgen@yahoo.com.ph
Website:	www.philcycling.wordpress.com



**WE  
WIN  
AS  
ONE**